

# PROFESSIONAL DEVELOPMENT OFFERING

## 2017-2018 Catalog

- ❖ *Credit based on attendance*
- ❖ *Make-up sessions must be cleared through Central Office*
- ❖ *Limited number of spots are available*
- ❖ *Request for Permission to Attend forms are available in the main office of your home school, at #117 Central Office or on private side of the district's website*
- ❖ *No telephone registrations will be accepted*
- ❖ *Principal's approval signature is needed to participate in the course*
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*Final approval is given by of the of administrators at Central Office*

*Participants will receive an email response with the expected credit for full participation*

### COURSE TITLE: Vocabulary Instruction in Elementary and Middle School

DATE	START TIME	END TIME
05/16/2018 – 06/19/2018	8:00am	5:00pm

Course Location: Virtual Workshop

Course Description: Participants will review the importance of vocabulary and vocabulary instruction. Participants will identify how to choose vocabulary words within lessons, strategies that may be used to teach vocabulary, how to teach word parts for understanding and effective ways to assess vocabulary knowledge of students. Participants will develop a lesson or unit utilizing vocabulary strategies to be implemented in their classroom.

Registration: <https://www.eventbrite.com/e/vocabulary-instruction-in-elementary-and-middle-school-tickets-44926348919>

Registration Cost: \$50.00

PD Clock Hours: 15 hours

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### **COURSE TITLE: Capturing the Benefits of a Read Aloud (PK-2)**

DATE	START TIME	END TIME
6/4/2018	9:00am	3:00pm

**Course Location:** JWCC New Southeast Campus, Room S119 – 39637 260<sup>th</sup> Ave, Pittsfield (On Routh 107, Exit 35)

**Presenter:** Dr. Mickey Elliott and Jan Cory

**Course Description:** Do our children really gather meaning while we read to them? Help children construct meaning and build vocabulary in challenging text when the teacher reads aloud. Close reading, text dependent questioning, and vocabulary instruction from Beck and McKeown will be included. We will have examples and practice writing questions teaching vocabulary. We will look at creating a follow-up class writing activity also. Actually, it's fun and makes so much sense. Upper grade teachers will thank you for including these shifts in your read aloud practice. The first 15 to register will take home a read aloud book.

**Registration:** <https://goo.gl/forms/fLlkVuWTxT1h3Wzj2>

**Registration Cost:** \$10.00

**PD Clock Hours:** 5

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### COURSE TITLE: Trauma 101

DATE	START TIME	END TIME
6/6/2018	9:00am	4:00pm

Course Location: Chaddock School, 205 South 24<sup>th</sup> St Quincy, IL

Course Description: This session is from our popular trauma series that ran this year. Trauma 101 will provide a thorough overview of trauma and adverse childhood experiences and their impact on student performance. Participants will develop an understanding of the impact of trauma on brain development and how this manifests in behaviors. Participants will leave with basic strategies that can be used to support students in their care. You may also be interested in the follow-up session, Tips and Tools for Creating Trauma Informed Environments, on June 14, 2018.

Registration: <https://goo.gl/forms/BhYPmB6Yf8FN0IHJ3>

Registration Cost: \$10.00

PD Possible Credit: 6.5

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### COURSE TITLE: Googlepalooza

DATE	START TIME	END TIME
6/7/2018	9:00am	2:30pm

Course Location: Adams County Health Department, 330 Vermont Quincy, IL

Course Description: Come join us for a day filled with all things Google. We will spend time working through Google Docs, Slides, and Forms so you can get the absolute most out of each G-Suite Component in order to bring your classroom to the next digital level. From Google Docs/Sheets Tips and Tricks to Multimedia Infused Google Forms, we will cover it all. In addition, attend to learn how to maximize your use of YouTube. After all, it is owned by Google and part of G-Suite account! We will also carve out some time for Google Classroom and Google Keep and other Google products that will make your life easier in and out of the classroom. And, as always, we will leave time for all of your Googley questions! This will be a "show and try" type of setting giving you time to try out each presented topic

Registration: <https://goo.gl/forms/eBqkyj6mievQCb0z1>

Registration Cost: \$15.00

PD Possible Credit: 5.5

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### **COURSE TITLE: Breakout EDU – An “Escape Room” for the Classroom**

DATE	START TIME	END TIME
6/8/2018	9:00am	11:30am

**Course Location:** Adams County Health Department, 330 Vermont Quincy

**Course Description:** Breakout EDU has become one of our favorite ways to watch students collaboratively solve problems in the classroom. This immersive workshop will show you what the “escape room” style of learning is all about. You will participate in an actual Breakout as well as learn how to create your own classroom game. We will also go over the use of “Digital Breakouts” in addition to the physical hands-on activity to provide as many options as possible. This is also a great way to provide a team-building activity in your PD day. Our staff loves it and we think you will too!

**Registration:** <https://goo.gl/forms/LZC8DSKRILCjzaz2>

**Registration Cost:** \$10.00

**PD Possible Credit:** 2.5

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### **COURSE TITLE: Innovations with Microsoft: OneNote, Teams, Forms, Sway, Mix, and Skype**

DATE	START TIME	END TIME
6/11/2018	9:00am	3:00pm

**Course Location:** Adams County Health Department, 330 Vermont, Quincy

**Course Description:** Learn how Microsoft tools and technologies can positively impact modern teaching and learning. You will explore OneNote Class Notebooks, Teams, Sway, Forms, and Office Mix. Discover how to create, organize, and share dynamic notebooks rich with interactive content. Flip your classroom quickly and easily with Office Mix. Create collaborative classrooms and connect in professional learning communities. Give digital assessments using forms which give students real time feedback and teachers comprehensive analytics. Using Skype, bring in industry experts, take virtual field trips, or connect students from across town to around the world. See ideas for student accommodations and people of all abilities.

**Registration:** <https://goo.gl/forms/SWJyvzpvk3xokmI03>

**Registration Cost:** \$10.00

**PD Possible Credit:** 5

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### COURSE TITLE: Number Talks K-5

DATE	START TIME	END TIME
6/12/2018	9:00am	3:00pm

Course Location: JWCC, Room C024, 1301 S 48<sup>th</sup> Street, Quincy

Course Description: Have you heard about math talk and collective problem solving and may be thinking that your students couldn't do that? Come learn some teacher moves to help students with math concepts, mental math, and math talk. Participants will learn essential procedures and expectations and view videos of students sharing, reasoning, and defending their solutions. You can do it and so can your students! Number Talks are 5-15 minute class discussions, which can go with any math program, to develop efficient, flexible, and accurate computation strategies including composition and decomposition, our system of tens, and application of the properties. Students share and discuss math solutions and defend their solutions.

Registration: <https://goo.gl/forms/mhNn0R4UOFS088gx2>

Registration Cost: \$10.00

PD Possible Credit: 5

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### **COURSE TITLE: What is Trauma: Fight, Flight, or Freeze!**

DATE	START TIME	END TIME
06/13/2018	9:00am	12:00pm

**Course Location:** Adams County Health Department, 330 Vermont, Quincy

**Course Description:** Gain a little bit of knowledge and lots of effective strategies for immediate implementation in your classroom. Interventions specific for individuals exposed to Trauma. You can use these tools right away in your classroom. Fight, Flight, Freeze, and FUN!

**Registration:** <https://goo.gl/forms/sWKPlx3LHHoMwnxD3>

**Registration Cost:** \$10.00

**PD Possible Credit:** 3



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### COURSE TITLE: Brain Architecture Game

DATE	START TIME	END TIME
6/13/2018	1:00pm	3:00pm

Course Location: Adams County Health Department, 330 Vermont, Quincy

Course Description: Come play the Brain Architecture Game with dice, cards, pipe cleaners, and straws. Learn about the many experiences, positive and traumatic, in a young child's life that affects brain architecture. The Brain Architecture Game is a tabletop game experience that builds understanding of the powerful role of experiences on early brain development– what promotes it, what derails it, and with what consequences for society. The brain architecture game helps people appreciate the impact of early childhood experiences on outcomes across the lifespan. Center on the Developing Child at Harvard contributed to the development of the game. After experiencing the session you can use this with your own staff groups or high school classes.

Registration: <https://goo.gl/forms/umPMns1H6D0Xw3UB3>

Registration Cost: \$10.00

PD Possible Credit: 2

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### **COURSE TITLE: Tips and Tools for Creating Trauma Informed Environments**

DATE	START TIME	END TIME
6/14/2018	9:00am	4:00pm

**Course Location:** Chaddock School, 205 South 24<sup>th</sup>, Quincy

**Course Description:** This session is created from the "best of" our 5-part series this school year. Tips and tools for teachers to identify and engage with students who have been exposed to trauma in the elementary, middle, and high school environments by exploring ways to improve social/emotional functioning through relationships. Participants will explore ways to respond to support emotionally, cognitive, and behavioral responses of students and improved coping in the classroom.

**Registration:** [https://goo.gl/forms/4nDzsOpKYN8Cpyn62\\_](https://goo.gl/forms/4nDzsOpKYN8Cpyn62_)

**Registration Cost:** \$10.00

**PD Possible Credit:** 6.5

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### **COURSE TITLE: Mentor Text for the Craft of Writing: Exploring the Realms of Possibilities (K-6)**

DATE	START TIME	END TIME
6/15/2018	9:00am	3:00pm

**Course Location:** Adams County Health Department, 330 Vermont St, Quincy

**Course Description:** Come join us for a day of exploring the use of mentor text for writing instruction. We will look at 1) example mentor text ideas for all three types of writing, 2) how to incorporate mentor text into a writing instruction minilesson, and 3) how to use mentor text for authentic, text-connected instruction of grammar and conventions.

**Registration:** [https://goo.gl/forms/SQZJiRMaDb2FeHOF3\\_](https://goo.gl/forms/SQZJiRMaDb2FeHOF3_)

**Registration Cost:** \$10.00

**PD Possible Credit:** 5

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### COURSE TITLE: Number Talks: Fractions, Decimals, and Percentages

DATE	START TIME	END TIME
6/18/2018	9:00am	3:00pm

Course Location: Adams County Health Department, 330 Vermont St, Quincy

Course Description: Have you heard about math talk and collective problem solving and may be thinking that your students couldn't do that? Come learn some teacher moves to help students with math concepts, mental math, and math talk. Participants will learn essential procedures and expectations and view videos of students sharing, reasoning, and defending their solutions. You can do it and so can your students! Number Talks are 5-15 minute class discussions, which can go with any math program. Learn about using Number Talks with fractions, decimals, and percentages! Receive one Number Talks: Fractions, Decimals, Percentages Manual (valued at \$55 on Amazon) with links to videos to use for training. Learn about a set of Activity Masters, to use in classroom number talks.

Registration: [https://goo.gl/forms/zy31fkEmMKOvAkEn1\\_](https://goo.gl/forms/zy31fkEmMKOvAkEn1_)

Registration Cost: \$25.00

PD Possible Credit: 5

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### COURSE TITLE: STARLAB An Inflatable Planetarium

DATE	START TIME	END TIME
6/19/2018	8:30am	3:00pm

Course Location: Lincoln-Douglas Elementary School, 3211 Payson Rd, Quincy

Course Description: Learn how your students can experience the nighttime sky while sitting inside STARLAB. Once trained, you can take STARLAB, housed at the ROE, to your school, making science come alive. Participants will learn how to set up and take down Starlab, use Starlab equipment, experience sample lessons, and share resources. Bring your favorite books and/or other resources for teaching astronomy to share with other participants.

Registration: [https://goo.gl/forms/RAwGA6MTKyafGawm1\\_](https://goo.gl/forms/RAwGA6MTKyafGawm1_)

Registration Cost: \$20.00 (including Lunch)

PD Possible Credit: 6

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### **COURSE TITLE: Mindfulness and Yoga for Healing the Classroom**

DATE	START TIME	END TIME
6/20/2018	9:00am	4:00pm

**Course Location:** Quincy Public Schools Board of Education Office, 1416 Maine, Room 214, Quincy

**Course Description:** This workshop will start with you as the teacher. We will talk about self-care and how yoga and meditation can become part of your daily life. This will be an interactive workshop that you will do at your own pace. We will demonstrate how to incorporate your new skills into your classroom. It's the ripple effect.

**Registration:** [https://goo.gl/forms/TPo78RqJdyc7YEEy1\\_](https://goo.gl/forms/TPo78RqJdyc7YEEy1_)

**Registration Cost:** \$15.00

**PD Possible Credit:** 6

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### **COURSE TITLE: Restoring and Building Communities WITH Restorative Conversations**

DATE	START TIME	END TIME
6/25/2018	8:30am	3:30pm

**Course Location:** Adams County Health Department, 330 Vermont St, Quincy

**Course Description:** Restorative Practices is a social science that studies how to build social capital and achieve social discipline. The fundamental premise of restorative practices is that people are happier, more cooperative and productive, and more likely to make positive changes when those in positions of authority do things with them, rather than to them or for them. The aim is to develop community and to manage conflict and tensions by repairing harm and restoring relationships. The first session will explore practical strategies to build strong healthy relationships with students, families, clients, employees, and colleagues, which can be implemented immediately. The second day we learn how to hold group discussions in a circle to facilitate meaningful conversations and encourage full participation from everyone involved.

**Registration:** <https://goo.gl/forms/lzpe3bSplH0lc7z2>

**Registration Cost:** \$20.00

**PD Possible Credit:** 12

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### COURSE TITLE: Integrating Art into the Classroom

DATE	START TIME	END TIME
7/13/2018	9:00am	12:00pm

Course Location: Quincy Art Center, 1515 Jersey St, Quincy

Course Description: Including visual art in your classroom can be intimidating! Come to this class to equip yourself with information needed to make art an enjoyable part of your classroom experience. Emphasis will be placed on becoming familiar with famous artists, art terms, and techniques so that you can more easily share and talk about art with your students. We will also focus on ways to incorporate art mini lessons into other subject areas including reading, science, social studies, and technology. Lots of hands-on activities!

Registration: Register by calling the Art Center at 217-223-5900

Registration Cost: \$30.00

PD Possible Credit: 3



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### COURSE TITLE: Framework for Understanding Poverty – Ruby Payne

DATE	START TIME	END TIME
8/1/2018	8:30am	3:00pm
8/2/2018	8:30am	3:00pm

Course Location: Western School Cafeteria, 401 McDonough St, Barry, IL

Course Description: Explore class differences and 10 actions you can implement in the classroom to improve the success of low socioeconomic status (SES) students. This workshop is based on Ruby Payne's book, A Framework for Understanding Poverty, which has sold more than 1.5 million copies.

Teachers who participate in this training will:

- Use concrete instructional strategies to help students from poverty
- Understand hidden rules of economic class and effects on behaviors and mindsets
- Develop stronger relationships with students to impact behavior
- Reduce discipline referrals

Topics include resources, mental models, family structure, language patterns, and more. This training will give new and veteran teachers tools to help students from poverty. A Framework for Understanding Poverty, by Ruby Payne, will be included with the training.

Registration: [https://goo.gl/forms/yKETsFgzXDi6Hnpd2\\_](https://goo.gl/forms/yKETsFgzXDi6Hnpd2_)

Registration Cost: \$25.00 to cover the cost of the Ruby Payne book

PD Possible Credit: 12

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### **COURSE TITLE: Math Talks: Engaging Students in Daily Discourse K-6**

DATE	START TIME	END TIME
6/27/2018 – 7/31/2018	8:00am	5:00pm

**Course Location:** Online

**Course Description:** During this workshop, participants will have the opportunity to look at articles, models and resources that depict what a math talk can look like in the classroom along with practical ideas ready to use right away. Participants will build a foundation of knowledge for math talks through understanding various formats, exploring resources designed to help implement math talks, and utilize math talks to improve fluency and number sense for purposeful problem solving. Participants will understand the connection between math talks and district initiatives, the eight mathematical practices, and teacher evaluation. Participants will also create a math talk lesson and receive feedback as well as provide feedback to colleagues in the workshop.

**Registration:** <https://www.eventbrite.com/e/math-talks-engaging-students-in-daily-discourse-k-6-registration-44926539489>

**PD Credit Hours Available:** 15 hours upon completion

**Registration Cost:** \$50.00 (fill out permission to attend and turn into Curriculum. If approved, registration cost will be reimbursed to staff upon completion of course)

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Final approval is given by of the of administrators at Central Office*

*Participants will receive an email response with the expected credit for full participation*

### COURSE TITLE: Organization and Innovation with Google Forms

DATE	START TIME	END TIME
6/27/2018 – 8/7/2018	8:00am	5:00pm

Course Location: Online

Course Description: In this workshop, participants will be exploring Google Form's unique features that allow educators to collect, manipulate and display data for classroom purposes. Google forms can allow educators to save time in communication needs by managing family data and streamlining parent connections. Students can utilize forms for assessments, ELA, Digital Breakouts and many more interactive features. Participants will explore the various add-ons for Google FORMS/SHEETs and apply these to their classrooms.

Registration: <https://www.eventbrite.com/e/organization-and-innovation-with-google-forms-tickets-44925266682>

PD Credit Hours Available: 15 hours upon completion

Registration Cost: \$50.00 (fill out permission to attend and turn into Curriculum. If approved, registration cost will be reimbursed to staff upon completion of course)

# PROFESSIONAL DEVELOPMENT OFFERING

## 2017-2018 Catalog

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- ❖ *Make-up sessions must be cleared through Central Office*
- ❖ *Limited number of spots are available*
- ❖ *Request for Permission to Attend forms are available in the main office of your home school, at #117 Central Office or on private side of the district's website*
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### COURSE TITLE: New Special Education Personnel

DATE	START TIME	END TIME
08/06/2018	8:00am	3:30pm

Course Location: Four Rivers – 936 W Michigan Ave, Jacksonville, IL

Presenter: Four Rivers Supervisory Staff

Course Description: This presentation will include aspects and procedures of the Four Rivers Special Education District including special education law, RTI, referral and case study processes, forms, procedures, personnel and special education terms.

Targeted Audience: New Special Education Teachers and Coordinators, SLP's, Nurses, Social Workers, and School Psychologists

Registration: <https://www.frsed.org/professional-development-opportunit>

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### COURSE TITLE: Power IEP Training

DATE	START TIME	END TIME
08/07/2018	8:00am	3:30pm

Course Location: Four Rivers – 936 W Michigan Ave, Jacksonville, IL

Presenter: Four Rivers Supervisory Staff

Course Description: PowerIEP is a proficient and comprehensive software program designed to streamline the IEP process. Power IEP offers a comprehensive IEP experience by including state and core learning standards, an information tracking form, parental contact data logs, and much more!

Targeted Audience: Special Education Personnel & those needing a refresher

Registration: <https://www.frsed.org/professional-development-opportunit>

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### COURSE TITLE: Initial CPI Training

DATE	START TIME	END TIME
08/08/2018	8:00am	3:30pm

Course Location: Four Rivers – 936 W Michigan Ave, Jacksonville, IL

Presenter: Four Rivers Supervisory Staff

Course Description: Initial Crisis Prevention Institute class that specializes in the safe management of disruptive and assaultive behavior.

Targeted Audience: All Staff

Registration: <https://www.frsed.org/professional-development-opportunit>

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### COURSE TITLE: CPI Training Refresher

DATE	START TIME	END TIME
08/08/2018	8:00am	11:30am
08/08/2018	12:00pm	3:30pm

Course Location: Four Rivers – 936 W Michigan Ave, Jacksonville, IL

Presenter: Four Rivers Supervisory Staff

Course Description: Refresher course of how to safely manage disruptive and assaultive behavior

Targeted Audience: All Staff

Registration: <https://www.frsed.org/professional-development-opportunit>

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### **COURSE TITLE: They Don't Care How Much You Know Until They Know How Much You Care**

DATE	START TIME	END TIME
8/9/2018	8:30am	11:30am

**Course Location:** Four Rivers - 936 W Michigan Ave Jacksonville, IL 62650

**Course Description:** Do you find yourself frequently deciding "That kid just wants my attention?" or going home drained having spent a day trying to "deal with" students you struggle to like? Too many teachers say today's kids seem like a new, harder to manage breed. New challenges present us with opportunities for a new vision. Come Explore the positive impact viewing students through the lenses of compassion and connection that can happen in your classroom and life.

**Registration:** Register on-line at [www.frsed.org](http://www.frsed.org) under the Professional Development Tab.



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### **COURSE TITLE: The Adolescent Brain: Complexities and Challenges**

DATE	START TIME	END TIME
08/13/2018	8:30am	3:30pm

**Course Location:** Four Rivers - 936 W Michigan Ave Jacksonville, IL 62650

**Presenter:** Dr. Martha Burns

**Course Description:** This workshop will review the new research on adolescent brain development with specific attention to adverse influences in maturation that may be affected by stress and poverty. The focus of the course will be practical guidelines for educational and parental management of this complex period of development. The course will provide specific suggestions for how achieve the delicate balance between providing adequate structure while fostering independence for successful entrance into adulthood.

**Registration:** \_ Register on-line at [www.frsed.org](http://www.frsed.org) under the Professional Development Tab.